

# WEEKLY WORD

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Bringing Jesus Christ to people for the first time and for a lifetime!

Gloria Dei Lutheran Church | www.gloriadeionline.com | 515-276-1700

July 16-17, 2011 | Fifth Sunday after Pentecost

## Obedience is a good word

by Karen Kennedy, Director of Publicity and Promotion

Today's message centers on an unpopular word—obedience. Why do you think this word has such a bad connotation in our society? Perhaps, it hinges on the attitude that obedience subtracts from an individual's freedom and uniqueness. After all, we live in a society that encourages individuality and freedom. We all desire to be strong individuals, enjoying freedom, don't we? So why would we want to obey, and lose it all?

But does obedience deduct from a person's life? Possibly, there is an obvious angle that we overlook—every human being obeys something or someone; therefore, the determining factor rests on "who or what" you obey and not "if" you obey. Let's look at Romans 6:6 for clarification as Paul speaks to those who are in a relationship with Jesus:

*Don't you know that when you offer yourselves to someone to obey him as slaves, you are slaves to the one whom you obey—whether you are slaves to sin, which leads to death, or to obedience, which leads to righteousness?*

So, in life, we either obey the things of the world or the things of God. Either way, we all obey something that ultimately originates from God or Satan. Will we follow after the world's definition of success—riches, prestige and fame? Or do we set our eyes on heavenly things, such as mercy, love, humbleness, grace and service?

On the surface, the answer is obvious; however when life's complexities march our way, the path can get a bit murky, don't you think? Take for example, your life this morning. You may have awakened with every intention of pursuing God and yet, as the morning ticks away, the unkind word from a friend or the constant reminder of a broken relationship or your throbbing headache or the bickering of your children, begins to wear on your mind and thus, your attitude. Soon your thoughts are elsewhere and you quickly take your eyes off of God and dive into the situation you are facing. And if you are anything like me, you dive in rather quickly, without a lot of nudging or grace, and begin to splash everything and everyone that gets in your way. Or sometimes you retreat and allow the situation to fester in your mind. Either way, the scenario usually ends up with your thoughts lining up to the negative and completely forgetting about the Lord who passionately wants to help you.

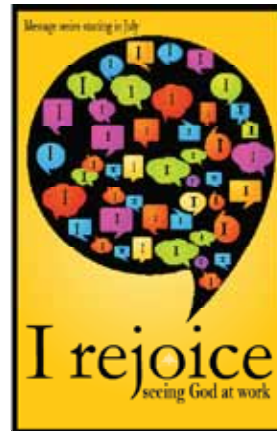
So, how can we obey in everyday situations? It isn't easy, but it is worth it as we will see in today's message. But until we hear the message, let's saturate our minds with some scripture that points to a very good word—obedience.

*"Blessed rather are those who hear the word of God and obey it." Luke 11:28*

*Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. Joshua 1:7*

*This is love for God: to obey his commands. And his commands are not burdensome. 1 John 5:3*

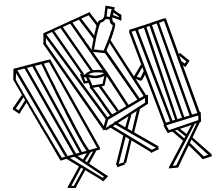
*Jesus replied, "If anyone loves me, he will obey my teaching. My Father will love him, and we will come to him and make our home with him. John 14:23*



## My Neighborhood

A new initiative called "My Neighborhood Matters" is designed to boost your neighborly relations.

To find ways to be involved, see page 4.



## Dining Out

Want to meet more people? Check out how to connect through our Dining Out times on page 7.

## Recycle

Do you have an old cell phone that you want to get rid of? The LWML is collecting recyclable items in the narthex.

For a complete listing of items, see page 3.

## VBS

Our summer VBS is a blast. Last week we had 113 children learning about Jesus. So join us this Wednesday from 6-8 p.m. for another adventure.

## Urbandale Food Pantry

Let's support our neighborhood by giving items to the Food Pantry. July's requested item is deodorant.

Place July's requested item in the "Urbandale Food Pantry" bin located in the narthex.

## Christian Music Festival

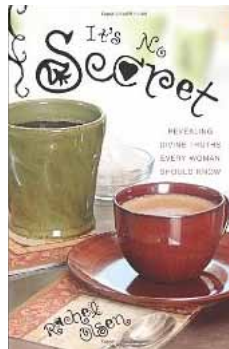


A free family-friendly music festival featuring 50 Christian bands from around the country will be held Friday, August 5 from 4-11 p.m. and Saturday, August 6 from 10 a.m. to 11 p.m. at Jordan Park Camp, 2251 Fuller Road in West Des Moines. For more information, go to [www.spiritmidwest.com](http://www.spiritmidwest.com).

## Online Bible Study

This six-week study, “It’s No Secret: Revealing Divine Truths Every Woman Should Know,” by Rachel Olsen starts Sunday, July 17. Laura Rath will lead the study by posting thoughts relevant to the book on her blog at [www.laurarath.blogspot.com](http://www.laurarath.blogspot.com). Likewise, you are then encouraged to post your thoughts and comments on the blog.

If you want more information about the book or the online study, please go to our Web site at [www.gloriadeionline.com](http://www.gloriadeionline.com), or Laura’s blog at [www.laurarath.blogspot.com](http://www.laurarath.blogspot.com).



## Book Club

Thanks to each of you that attended our July meeting! We had moving, spiritual conversation about “Lord, Open My Eyes,” and discussed our faith in God and how he speaks to us. Special thanks to Dan McMartin, the author, for attending and sharing his personal story, which touched each of us in so many ways.

We’re looking forward to next month’s meeting which is scheduled for Wednesday, August 3 at 6:15 p.m. in the cry room. Our book of discussion will be “Divine” by Karen Kingsbury, a story of tragedy and redemption.

**Overview:** Mary Madison was a child of unspeakable horrors, a young woman society wanted to forget. Now a divine power has set Mary free to bring life-changing hope and love to battered and abused women living in the shadow of the nation’s capital.

Mary is educated and redeemed, a powerful voice in Washington, D.C.—both to the politically elite and to other women like her. But she also has a past that shamed polite society. Her experiences created in her paralyzing fear, faithlessness, addiction, and promiscuity. At the crossroads of her life, only one power set Mary free and gave her a lifetime of love and hope. A power that could only be divine. Please plan to join us. ~ Sara Deich and Shirley Hoveland, Co-Chairs of the Gloria Dei Book Club

## Vendors needed

The 19th annual Gloria Dei Arts and Craft Show sponsored by the LWML will be held Saturday, Oct. 8 from 8:30 a.m. to 3 p.m. The show specializes in hand-crafted items and includes a bake sale and café. If interested in being a vendor, please contact Deb Timmons at 289-0360 or at [ameskids@mchsi.com](mailto:ameskids@mchsi.com). Information can also be viewed by clicking on the Arts and Craft Show link at our Web site at [www.gloriadeionline.com](http://www.gloriadeionline.com).



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Rev. Philip Robarge  
Director of Adult Ministry  
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Governing Board  
[govboard@gloriadeionline.com](mailto:govboard@gloriadeionline.com)

For a complete staff listing:  
go to our Web site at:  
[www.gloriadeionline.com](http://www.gloriadeionline.com)

## Thank you



*Members of Gloria Dei filled 300 backpacks.*

The members of Gloria Dei have once again given generously to help our community. We have collected and filled 300 backpacks that will be given to children at East High School during the health fair on August 3.

During the health fair, the students will also receive school physicals, and medical screenings, including dental and vision. Help is still needed at the fair, please contact Denise at [djuhl@freedomforyouth.org](mailto:djuhl@freedomforyouth.org) or at 282-4822.

## Invitation to the congregation

You have supported us in our grief, now share in our joy. We cordially invite you to worship with us at our marriage Saturday, July 30, 2011 at 11 a.m. at Gloria Dei Lutheran Church. A cookie/punch open house reception will be held immediately following the ceremony. ~ Kathleen Stange and James Brammeier

## LWML recycling project

Do something good for the environment and help the LWML raise funds for its 2015 National Convention, which will be held in Des Moines. To cover expenses, Iowa District West is sponsoring "Ready, Set, Recycle!" All members are invited to bring the following recyclable items during the months of July and October and place them in the tub located in the narthex:

- Systems/consoles and games (include accessories and attached cords)
- Inkjet, toner and laser cartridges (Virgin)
- Cell phones, PDAs, MP3 players and iPods, pagers
- Laptops, scientific and graphic calculators
- GPS systems, digital cameras, phone batteries, movie DVDs

We will not accept the following: toner bottles, fax film, any print cartridge without a metal print head (i.e. Epson and Cannon), refilled or remanufactured cartridges, cordless land-line phones and bag cell phones.

The LWML will collect and redeem the items for cash to pay for convention expenses. If you have questions, please contact Meri Mohr at 327-1821.

## Book Sale

Mount Olive Lutheran Church and School, 5625 Franklin Ave., is hosting a book sale July 9 to July 17. Stop in at Mount Olive and browse the sale sections. Make a donation for the books you select. You are welcome to add books to the sale. Proceeds will be used to expand the libraries at Mount Olive Lutheran Church and School. All remaining books will be donated to the Iowa Right to Life fall sale.

### Servers

**Officiant/Liturgist:**

5:30 p.m. (FLC):  
Rev. Ron Burcham

7:45 a.m. (Sanctuary):  
Rev. Tim Phillips

9 a.m. (Sanctuary):  
Rev. Tim Phillips

9 a.m. (FLC):  
Rev. Phil Robarge

10:30 a.m. (Sanctuary):  
Rev. Ron Burcham

**Preacher:**

Rev. Ron Burcham

**Organist:**

Kathy Stange

**Acolytes:**

7:45 a.m. (Sanctuary):  
Emily Fluegge

9 a.m. (Sanctuary):  
Hannah Sawyer

10:30 a.m. (Sanctuary):  
Sarah Gibson

**Scripture Reading:**

Philippians 2:1-18 (NIV)

**Hospitality Teams**

**Northwind (FLC)**  
Team Four

**7:45 a.m. (Sanctuary)**  
Team Four

**9 a.m. (Sanctuary)**  
Team Five

**9 a.m. (FLC)**  
Lawrence and Lauren  
Prunty and family

**10:30 a.m. (Sanctuary)**  
Team Four

## Let's pray!

Blue prayer request cards are beneath the pews. Please indicate your prayer request and place the card in the offering plate. We have both e-mail and phone prayer chains available. Call Pastor Phillips in the church office, 276-1700, or Diane Young between 9 a.m. and 5 p.m. at 993-3870 with your request.

## Thanksgivings

- Mo and Lou Grotheer celebrating their 57th anniversary on July 17
- For our families

## Prayers

**For the health of:**

- Inez Rudge
- Sharon McMartin
- Addison Blythe
- Millie Zenor
- Jolene Norviel
- Emma Anderson
- Jennifer Dehnert
- Charleen Hilterbrand
- Judy Lind
- Gene Osby
- Liz Nelson
- Norma Wallace
- Kathryn Hayes
- Brenda Barron

**And for:**

- For our returning military
- All of our military and workers serving in the world
- For those affected by the Missouri River flooding
- Our youth mission team

## Prayer team

If you are interested in joining the prayer ministry team, please e-mail Pastor Phillips at: [tphillips@gloriadeionline.com](mailto:tphillips@gloriadeionline.com). with your name, e-mail address and phone number.

## Ways to connect to our youth

To impact our youth, the youth ministry has defined specific areas of need. And now we need your help! Please take a few minutes to review the list. If a specific task resonates with you, please contact Tim Kightlinger at [tim@gloriadeionline.com](mailto:tim@gloriadeionline.com).

### Prayer Ministry Team:

This team will consist of members who will shower the activities and ministry with prayer. The members of this team must love to pray and see prayer as a powerful force of change. Time commitment: 1-2 hours a month.

### Junior High Fellowship Team:

Since teenagers love to have fun; this team will oversee a junior high activity once a month. Members of this team should enjoy building relationships with teens and are able to organize activities. Time commitment: 4-5 hours a month.

### Junior High Education Team:

This team will continue the success of our Wednesday evening small-group ministry, assist in recruiting teaching partners and oversee the curriculum. Members of the team must enjoy meeting others and evaluating curriculum. Time commitment: 2 hours a month.

### Confirmation Retreat Team:

This team will assist in setting up for each retreat during the year. Team members must love to be creative, enjoy organizing and implementing events. Time commitment: 2-3 hours four times a year.

### Youth Ministry Mission Team:

This team will organize service and mission opportunities for our youth ministry. They will find and offer opportunities for our teens to connect with each other with the goal of serving and ministering to others. Time commitment: 2 hours a month.

### Senior High Dream Team:

How can we challenge, engage and touch the lives of the high school students in the Des Moines metro area? This team will come together to seek God's direction and how we can effectively come along God's Spirit and move this generation toward impacting their world for Jesus. Members must enjoy creative thinking/ ideas, identify the needs of the teenage world and enjoy getting things done. Time commitment: 4 hours a month.

### Parents of Teenagers Support Team:

To support our parents with teenagers, Craig and Julie Dueker will offer short-term classes on Sunday mornings (3-5 weeks in length) three times a year. We need 3-4 parents to join them. Time commitment: 3-5 hours during various months.



*Who wouldn't want to work with these teens?*



## My Neighborhood Matters

by Penny Schramm, Associate Director of Contemporary Worship

There's nothing like a good neighborhood get-together to get to know those who live around you. Yet many of us take little time to show our neighbors that we care about them. With the help of a Lutheran Church Missouri Synod grant, Gloria Dei is hoping to change that.

Our congregation is putting together an initiative called "My Neighborhood Matters," which is designed to give you a little boost for your neighborly relations. The church will provide the picnic tables, table service and Christian music for each event. The neighbors will bring enough potluck food to feed an army, because all potluck meals turn out that way. Together we'll make the neighborhood events a wonderful success!

### Here's how you can help:

1. Volunteer to serve on the Ministry Action Team that will make final decisions about how the initiative will work.
2. Make plans to host your "My Neighborhood Matters" event this summer or this fall. This means inviting 50-75 people in the neighborhood, scheduling the picnic tables and other resources provided by Gloria Dei, encouraging neighbors to bring potluck dishes to share, and making sure you have everything you need to host a fun and friendly event for your neighbors.

It will be simple to serve your neighbors, foster relationships and show your care to those around you. It's just another way that members of Gloria Dei can be beacons to their communities! To volunteer, contact Pastor Robarge at [probarge@gloriadeionline.com](mailto:probarge@gloriadeionline.com) or Penny Schramm at [penny@gloriadeionline.com](mailto:penny@gloriadeionline.com).



# Gloria Dei Youth Ministry

Contact: Tim Kightlinger  
tim@gloriadeionline.com

## Junior high (6-8)

**Castaway: Sunday from 9-10 a.m.**

Spring/summer schedule: Join us for a time to connect to God and with each other.

**Confirmation** pictures and DVDs are now available at the Welcome Center in the narthex.

## Senior high (9-12)

**The Point: Wednesday from 6-7:15 p.m.**

Join us as we serve at VBS and then go to a fun activity.

## Senior High/ Junior High events

**Worlds of Fun: Thursday, July 28**

Meet at Gloria Dei at 6:30 a.m. and return by midnight. Cost is \$40. Sign up on the youth bulletin board and pay by Sunday, July 17.

**VBS Fun: Wednesday evenings**

Every Wednesday evening during July, the youth will have an opportunity to serve at VBS. If you want to join our mission and the fun, contact DeAnn at deann@gloriadeionline.com.

## Camps continue to enrich children



Girls of all ages gathered at three separate camps last week. The younger girls enjoyed learning how to be a princess while the older girls learned about being a girl in past eras in America.

# Week of July 16-23, 2011

## Saturday, July 16

- 11:00 a.m. ABC Party with Me Family Event
- 3:45 p.m. Northwind Worship Team Practice
- 5:30 p.m. Northwind Worship Service in the Family Life Center
- 5:50 p.m. Summer Grace Place

## Sunday, July 17

- 7:45 a.m. H3 Worship Practice
- 7:45 a.m. Traditional Worship Service in Sanctuary with Communion
- 9:00 a.m. Traditional Worship Service in Sanctuary with Communion
- 9:00 a.m. H3 Worship Service in Family Life Center
- 9:00 a.m. Summer Castaway
- 9:20 a.m. Summer Grace Place
- 10:30 a.m. Infusion Contemporary Worship Service in Sanctuary with Communion
- 10:50 a.m. Summer Grace Place

## Monday, July 18

- 9:30 a.m. Moms' Bible Study
- 9:30 a.m. Women's Bible Study - Stepping Up
- 1:30 p.m. Next Step Meeting
- 6:30 p.m. Women's Bible Study - Stepping Up

## Tuesday, July 19

- 6:30 a.m. Quest for Authentic Manhood
- 1:00 p.m. Directors' Meeting
- 2:00 p.m. Worship Planning Meeting
- 5:00 p.m. Restorative Justice
- 5:45 p.m. Beginning Tumbling
- 6:15 p.m. Beginning Dance
- 6:15 p.m. Intermediate Tumbling
- 6:30 p.m. Summer Financial Peace University
- 6:45 p.m. Creative Dance
- 6:45 p.m. Dance Conditioning for Adults

## Wednesday, July 20

- 10:00 a.m. Pastor Robarge's Bible Study
- 5:15 p.m. VBS Worship Rehearsal
- 6:00 p.m. The Point - Senior High
- 6:00 p.m. Summer Vacation Bible School
- 6:30 p.m. Facebook Study

## Thursday, July 21

- 6:30 a.m. Men's Bible Study
- 10:00 a.m. Joyful Stitchers
- 5:00 p.m. Restorative Justice
- 6:00 p.m. Infusion Practice
- 6:30 p.m. Divorce Care
- 6:30 p.m. Men's Basketball
- 7:30 p.m. Worship Ministry Meeting

## Friday, July 22

- 1:30 p.m. Next Step Meeting

## Saturday, July 23

- 3:45 p.m. Northwind Worship Team Practice
- 5:30 p.m. Northwind Worship Service in the Family Life Center with Communion
- 5:50 p.m. Summer Grace Place

## Scripture on Giving:

*Moreover, as you Philippians know, in the early days of your acquaintance with the gospel, when I set out from Macedonia, not one church shared with me in the matter of giving and receiving, except you only; for even when I was in Thessalonica, you sent me aid again and again when I was in need. Not that I am looking for a gift, but I am looking for what may be credited to your account. I have received full payment and even more; I am amply supplied, now that I have received from Epaphroditus the gifts you sent. They are a fragrant offering, an acceptable sacrifice, pleasing to God. And my God will meet all your needs according to his glorious riches in Christ Jesus.*  
Philippians 4:15-19

Worship (July 9 and 10)	Attendance
Northwind	129
7:45 a.m.	113
9 a.m. (Sanctuary)	280
9 a.m. (FLC)	74
10:30 a.m. (Sanctuary)	276
<b>Total</b>	<b>872</b>

Outpouring of Love (July 9 and 10)	
General Fund Offerings	\$34,705
1st QTD Offering	\$65,169
1st QTD Budget	\$61,000

# Week of July 23-30, 2011

## Saturday, July 23

- 3:45 p.m. Northwind Worship Team Practice
- 5:30 p.m. Northwind Worship Service in the Family Life Center with Communion
- 5:50 p.m. Summer Grace Place

## Sunday, July 24

- 7:45 a.m. H3 Worship Practice
- 7:45 a.m. Traditional Worship Service in Sanctuary
- 9:00 a.m. Traditional Worship Service in Sanctuary
- 9:00 a.m. H3 Worship Service in Family Life Center with Communion
- 9:00 a.m. Summer Castaway
- 9:20 a.m. Summer Grace Place
- 10:30 a.m. Infusion Contemporary Worship Service in Sanctuary
- 10:50 a.m. Summer Grace Place
- 11:30 a.m. GYM Confirmation MAT Meeting

## Monday, July 25

- 9:30 a.m. Moms' Bible Study
- 9:30 a.m. Women's Bible Study - Stepping Up
- 1:00 p.m. Stephen Ministry Supervision
- 1:30 p.m. Next Step Meeting
- 6:30 p.m. Women's Bible Study - Stepping Up
- 6:30 p.m. Stephen Ministry Supervision

## Tuesday, July 26

- 6:30 a.m. Quest for Authentic Manhood
- 9:00 a.m. Staff Quarterly Meeting
- 1:00 p.m. Director Staff Meeting

## Tuesday, July 26 (continued)

- 2:00 p.m. Worship Planning Meeting
- 6:15 p.m. Beginning Dance
- 6:30 p.m. Summer Financial Peace University
- 6:45 p.m. Creative Dance

## Wednesday, July 27

- 10:00 a.m. Pastor Robarge's Bible Study
- 5:15 p.m. VBS Worship Rehearsal
- 6:00 p.m. The Point - Senior High
- 6:00 p.m. Summer Vacation Bible School
- 6:30 p.m. Facebook Study

## Thursday, July 28

- 6:30 a.m. Men's Bible Study
- 10:00 a.m. Joyful Stitchers
- 6:00 p.m. Infusion Practice
- 6:30 p.m. Divorce Care
- 6:30 p.m. Men's Basketball

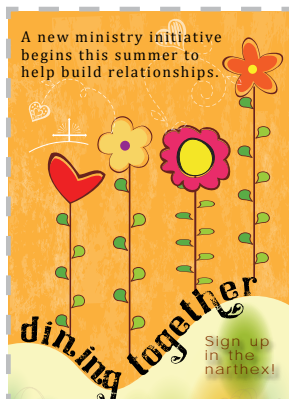
## Friday, July 29

- 1:30 p.m. Next Step Meeting
- 4:00 p.m. Jim Brammeier and Kathy Stange Rehearsal

## Saturday, July 30

- 11:00 a.m. ABC Party With Me Family Event
- 11:00 a.m. Jim Brammeier and Kathy Stange Wedding
- 12:00 p.m. Jim Brammeier and Kathy Stange Reception
- 3:45 p.m. Northwind Worship Team Practice
- 5:30 p.m. Northwind Worship Service in the Family Life Center
- 5:50 p.m. Summer Grace Place

Educational Attendance (July 9-10)			
	Sat. 5:50 p.m.	Sun. 9:20 a.m.	Sun. 10:50 a.m.
Preschool	7	9	17
Elementary	9	26	31
<b>Total Children</b>	<b>16</b>	<b>35</b>	<b>48</b>



## More dining opportunities

Everyone is welcome! Get out and enjoy food, fun and fellowship.

Register by July 17 at the Welcome Center in the narthex and in the Family Life Center. If you have any questions, contact Pastor Robarge at 276-1700, ext. 224 or at [probarge@gloriadeionline.com](mailto:probarge@gloriadeionline.com)

## Golf Outing

The 8th Annual St. Paul Lutheran Church Golf Outing for "Walking in the Light," will be held on Saturday, August 13 at Otter Creek Golf Course, 4100 NE Otter Creek Dr., Ankeny. Cost is \$55 per person, or \$200 for a foursome. It includes 18 holes of golf, 4-person best shot, cart, lunch, sleeve of golf balls, and fellowship. Register by August 5 by calling 515-964-1250.

# Welcome to Gloria Dei! We are glad you are here!

Welcome! Please take some time to get to know us. If you have any questions, ask any of our members or stop by the Welcome Center today!

## Weekend worship services

**Northwind Contemporary Worship Service:** Saturday at 5:30 p.m. in the Family Life Center: This come-as-you-are service offers high-energy worship. Families are encouraged to worship together; children are invited to Grace Place at 5:50 p.m.

**Traditional Worship Service:** Sunday at 7:45 a.m. in the Sanctuary: Join us in this classical Lutheran worship service that utilizes all the divine services and hymns from the new Lutheran Service Book.

**Traditional Worship Service:** Sunday at 9 a.m. in the Sanctuary: Our classical Lutheran worship makes use of written and free-flow liturgy with traditional hymns. Families are encouraged to worship together. Children and junior high youth are invited to an educational time at 9:20 a.m.

**H-3 Family Worship Service:** Sunday at 9 a.m. in the Family Life Center: Experience the wonder of a child in this casual and friendly-family atmosphere where families with young children worship together. Toe-tapping hymns, lively praise music and puppets will capture the heart of all family members. Families are encouraged to worship together. Children and junior high youth are invited to an educational time at 9:20 a.m.

**Infusion-Contemporary Worship:** Sunday at 10:30 a.m. in the Sanctuary: This service offers high-energy worship using contemporary Christian songs and praise music. Families are encouraged to worship together. Children are invited to an educational time at 10:50 a.m.

## Other important items

**Nursery:** Infants to age 3. Located on the lower level with access through the doors in the narthex. The nursery is staffed during all worship services for children ages 3 and under at no cost to the parent.

**Cry room:** Located in the southwest corner of the narthex is a room with a full view of the Sanctuary for parents to take their small children when they are upset or crying.

## Weekly Bible reading - Philippians 2:5-18 (NIV)

Your attitude should be the same as that of Christ Jesus: Who, being in very nature God, did not consider equality with God something to be grasped, but made himself nothing, taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself and became obedient to death—even death on a cross! Therefore God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

Therefore, my dear friends, as you have always obeyed—not only in my presence, but now much more in my absence—continue to work out your salvation with fear and trembling, for it is God who works in you to will and to act according to his good purpose. Do everything without complaining or arguing, so that you may become blameless and pure, children of God without fault in a crooked and depraved generation, in which you shine like stars in the universe as you hold out the word of life—in order that I may boast on the day of Christ that I did not run or labor for nothing. But even if I am being poured out like a drink offering on the sacrifice and service coming from your faith, I am glad and rejoice with all of you. So you too should be glad and rejoice with me.

## Communion

Communion is offered on the first and third Sundays of each month during the services in the Sanctuary and the second and fourth Saturdays and Sundays during the services in the Family Life Center.

A note to our guests and visitors: The Lord's Supper is celebrated at Gloria Dei in the belief and with the confession that this Sacrament is the very body and blood of Christ (The Doctrine of the Real Presence) which is received with the bread and the wine for us to eat and drink for the forgiveness of sins and to strengthen our faith. Our Lord invites to his table those who trust his words, repent of all sin, and seek to forgive and love as He forgives and loves us. If you agree with our beliefs regarding the nature and meaning of this Sacrament and desire to commune with us, you are welcome! For the medical and/or physical needs of members or visitors, non-alcoholic wine will be in the inner circle of each communion tray and will be lighter in color than the regular wine. In addition, gluten-free wafers are available, please alert the elders before the service if possible.

## Gloria Dei weekend worship times

**Saturday evening:** 5:30 Northwind Contemporary

**Sunday morning:** 7:45 Traditional • 9:00 Traditional • 9:00 H3 Service • 10:30 Contemporary

**Children's educational times:** Saturday at 5:50 p.m. and Sunday at 9:20 and 10:50 a.m.

Staffed nursery from 8 a.m.-noon